

My Grandparents Book

A keepsake about the life of someone wonderful

Every grandparent has a story worth keeping.

This book belongs to

.....

Draw, write, scribble, skip pages, come back later.
There is no wrong way to fill this in.

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A note for the grown ups

This book turns your child into a storykeeper. Together you will gather the story of their grandparent's life, piece by piece, from the people who knew them best.

> **How to use it together:** Interview the family. Call the relatives, dig out the old photos, ask the questions nobody thought to ask. Your child can draw instead of write and skip any page. If they do not want to do it today, put it aside and try another day.

Kids love discovering that their grandparent was once a kid too, with scraped knees and big dreams. That discovery is the magic of this book.

If grief ever feels too big for either of you, a school counselor or grief counselor can help carry it. In the US you can call or text **988** any time, day or night.

A note about this book

This book is not intended to diagnose or treat any condition, and it's not a substitute for a licensed counselor or psychologist.

All about my grandparent

My grandparent's name was

I called them

They were born in (year and place)

Draw them here, or tape a photo in this box

When they were little

Believe it or not, your grandparent was once a kid just like you. Ask your family about it and write down what you learn.

Where they grew up

What they liked to play

Draw your grandparent as a kid

Their grown up adventures

The work they did

Places they went or lived

Something brave or bold they did

> **Ask around.** Uncles, aunts, and old friends all hold different pieces of the story. You are the detective putting it together.

The world when they were young

The world looked very different when your grandparent was your age. Find out how.

Something they had that you don't

Something you have that they didn't

The music they loved

Draw something from their time (a car, a phone, a toy...)

People they loved

How grandma and grandpa met (or the great love of their life)

Their best friend was

What they loved most about our family

> Love stories are family treasures. Write down every version you hear, even if people remember it differently.

My favorite story they told

Grandparents are the best storytellers. Write down your favorite one before it fades.

The story was about

What I loved about that story

Questions I still have

It is okay to have questions with no answers. Writing them down keeps the wondering alive, and sometimes the family can help answer them.

Something I always wanted to ask them

Something I wonder about their life

Who in the family might know the answer

> **Keep asking.** Every answer you find is a piece of them you get to keep.

"A grandparent's story doesn't end.

It just gets a new storyteller.

That's you."

You are the storykeeper now

Every time you tell their story,
they get to live it again.

My handprint or a drawing of me, the storykeeper

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